

# Dipika Maharjan

Registered Nurse | NNC Registration Number 32276

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## PROFESSIONAL SUMMARY

Currently working as a Shift Incharge at Nepal Medcity in Post Operative Ward. But before this, Immediately after Passing my B.Sc. Nursing in Bangalore from Rajiv Gandhi University of Health and Science and got Registered Nursing License of Nepal, I started working as a staff nurse in Sahyadri Hospital India for 2 years. Then I came back to Nepal and started working in Global Hospital in Operation Theatre

## PROFESSIONAL OBJECTIVE

I am seeking a challenging career in nursing education where I can fully utilize my skills and continuously enhance my expertise in the field of nursing. My goal is to serve others and render my services with dedication. I aspire to build a long-term career with a hospital that values hard work, sincerity, and honesty, allowing me to both gain and impart knowledge. Additionally, I am committed to being an effective team member, contributing to long-term strategic initiatives while ensuring excellence in short-term execution.

## EXPERIENCE

**Dec 2017 – present**  
Nakhu, Lalitpur, Nepal

### **Shift Incharge (Pre and Post Operative Ward) / Nepal Medcity Hospital**

- Supervised and evaluated care for at least 38-42 patients per shift while having total patient care responsibility for 5-6 patients.
- Provided care for Post Op exclusive VIP patients.
- Extensive Neuro trauma experience i.e. vehicular accident victims & spinal cord injuries.
- Provided direction and care directives for team nursing
- Ambulatory and non-Ambulatory patients in the Medical Surgical, Step-down, Emergency Department, Pediatric and Obstetrics.
- Supervised nurse charting to ensure physician's orders are properly carried out and counter checked.
- Provided support to families, educated patients & the public on various medical conditions such as: Cancer, COPD, and Cardiac diseases.
- Administered and prescribed oral and intravenous medications and treatments to chemotherapy and blood transfusion patients.
- Started, maintained, and discontinued intravenous lines for administration of fluids, blood products, and medications.
- Cases handled include Caesarean cases, total hip replacements, oncology cases, pediatric cases, renal failure, pneumonia, diabetes mellitus, hypertensive cardiovascular diseases, COPD, neuro trauma, cholelithiasis, TURP, nephrolithiasis, hernia cases, anal fissures, deviated nasal septum, and epistaxis.

**Mar 2017 – Nov 2017**  
Gwarko, Lalitpur, Nepal

**Staff Nurse (OT, Medical and Surgical Ward) / Global Hospital**

- Floated to the OT, Emergency Room and Outpatient Department as needed.
  - Assisted in minor operations like circumcision and incision and drainage of abscess.
  - Provided total patient care to at least 5-6 Medical Surgical and Pediatric patients on the floor mostly patients with Cardiovascular Accident, Hypertension, Diabetes Mellitus, Bronchial Asthma, Pulmonary Tuberculosis, Renal Failure, Congestive Heart Failure.
  - Started IV lines & collected blood samples.
  - Assisted physicians with procedures such as lumbar tap, chest tube insertion, central line insertion, cut down arthroscopy, and bone marrow aspiration.
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- Cases handled include Caesarean cases, total hip replacements, oncology cases, pediatric cases, craniotomy, tuberculosis, cholelithiasis, TURP, pneumonia, enteric fever, diarrhea, and dengue.

**Oct 2014 – Feb 2017**  
Nagar Road, Pune,  
Maharastra, India

**Staff Nurse (Medical and Surgical Ward) / Sahyadri Multispecialty Hospital**

- Floated to the Emergency Room and Outpatient Department as needed.
- Assisted in minor operations like circumcision and incision and drainage of abscess.
- Provided total patient care to at least 5-6 Medical Surgical and Pediatric patients on the floor mostly patients with Cardiovascular Accident, Hypertension, Diabetes Mellitus, Bronchial Asthma, Pulmonary Tuberculosis, Renal Failure, Congestive Heart Failure.
- Started IV lines & collected blood samples.
- Assisted physicians with procedures such as lumbar tap, chest tube insertion, central line insertion, cut down arthroscopy, and bone marrow aspiration.
- Cases handled include Caesarean cases, total hip replacements, oncology cases, pediatric cases, craniotomy, and tuberculosis.

## EDUCATION & CERTIFICATIONS

**B.Sc in Nursing**  
(2010-2014)

**Matru College of Nursing**  
(Rajiv Gandhi University of Health Sciences)

**+2**  
(2007-2009)

**Moonlight Higher Secondary School**  
(Higher Secondary Education Board of Nepal)

**SLC**  
(1994-2007)

**Kopila English Secondary School**  
(Ministry of Education Government of Nepal)

## ACTIVITIES

- Completed my certification for Dialysis Nurse on 2024
- Clinical posting at St. Theresa's Multispecialty Hospital Bangalore. (2010-2014)
- Rendered service during National Pulse Polio program by Bruhat Bangalore Mahanagara Palika. (Jan & Feb 2014)
- Participated in the awareness program on Hansen's disease (Leprosy) conducted under National Leprosy Education program, Bangalore. (30 Jan 2014)
- Completed training in Community Health at Sumanahalli Leprosy Rehabilitation and Training Center, Bangalore. (25 Nov 2014 to 27 Jan 2014)
- Completed clinical and practical psychiatric training from Spandana Rehabilitation, Research and Training Center. (1 to 30 Jan 2014)
- Participated General Health Camp Conducted by Sumanahalli Society at Joggerahalli. (21 Jan 2014)
- Participated in CNE on HIV/AIDS on World Aids Day at Sumanahalli. (1 Dec 2010 and 1 Dec 2011)
- Working as a nursing educator at Nepal Medcity Hospital
- Working as a quality lead at Nepal Medcity Hospital
- Awarded with "Best Senior Staff Nurse 2023" at Nepal Medcity Hospital
- Volunteering at Mountain Heart Nepal from 29/07/2017 to 02/11/2019
- Elected 4 times (2073-2075, 2076-2078, 2079-2081 and 2082-2084) for the post of health department coordinator at Udhad Bachat Tathaa Rin Sahakari Sanstha Ltd.